

Government Engineering College Sector-28, Gandhinagar EBSB Cell



A Report on 'About YOGA'

EBSB Unit Name: - EBSB Cell GEC Gandhinagar

Event Name: - About Yoga

Date/Time: - 21ST JUNE, 2021 at 04:00 PM

Description of the event:-

The 'About Yoga' was documentary started at 04:00PM. The documentary was presented on YouTube by the organizer.

Sound health and sound mind are essential for happy life and these can be attained through Yoga. Yoga is becoming popular day by day. 21st June is observed as International Yoga Day all around the world. In this documentary we talk about types of Yoga, history of Yoga and its global popularity.

Photographs of the events: -







